

Independently-owned and operated since 2013, we treat every pet and owner like they are a part of our family.

Our Mission

Our mission here at Feel So Good Canine Massage, LLC is to strive to enhance the quality of life for your dog(s) by providing high quality professional services and compassionate care through canine massage therapy and/or reiki that is customized to your dog's individual needs and is done in the comfort of your own home.

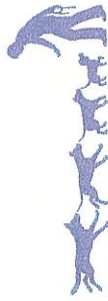


CONTACT INFO

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By Appointment Only
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ABOUT FSGCM

JoAnne Dykhuizen is an educator, author, and speaker, and is a certified canine massage therapist and owner of Feel So Good Canine Massage, LLC. She is a Reiki Practitioner and certified in CPR/First Aid for Dogs and Cats. JoAnne presents workshops on *The Value and Benefits of Canine Massage*, *How to Help Your Senior Dog Age Gracefully*, and *Pet Parenting Canine Massage*, virtually and in-person.



Disclaimer: Canine Massage therapy and Reiki should not be used as a substitute for veterinary medical care. A veterinarian should be consulted regularly, particularly if issues that may require diagnosis or medical treatment are present.

FEEL SO GOOD CANINE MASSAGE, LLC



What is Canine Massage Therapy?

Canine massage therapy is a complementary modality whose benefits include relieving soreness, making joints more flexible, improving range of motion, and supporting the immune system of dogs. It uses various forms of touch with intent to maintain or improve physical and emotional well-being.

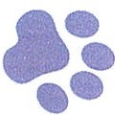
Benefits

- Puppies need touch to thrive and develop.
- Senior dogs benefit through reduced muscle weakness, improved pain and soreness, and improved metabolic activity.
- Athletic dogs have improved performance.
- Dogs recovering from injury will have alleviated pain and faster healing.
- Anxious dogs will have a reduced stress levels and increased calmness.
- Training - massage can help a dog focus and build confidence.
- Palliative & hospice care - massage provides compassionate and comfort care for your dog.

Pet Sitting

Pet Sitting, Dog Walking, and Overnights are available. In-home professional pet care provides added peace of mind.
Member of Pet Sitters International.

FEEL SO GOOD CANINE MASSAGE, LLC



<http://www.feelsogoodk9massage.com>



pawTree

Most people don't like to eat the same thing everyday and neither do our pets. Spice up their meals with a variety of pawPairings (available in 10 different flavors). Is your dog experiencing high stress, anxiety from thunderstorms or fireworks, separation anxiety, destructive behavior when left alone, or fear of trips to the vet, groomer? What about discomfort from stiff and sore joints, itching, seasonal allergies, red irritated skin, or sensitive stomach and digestive issues. What better way to care for your pets than with pawTree's premium quality food, treats and supplements made in the USA with only the finest ingredients. See all the incredible products pawTree has to offer. A company devoted to creating phenomenal products for healthier pets!

<https://www.pawtree.com/joanned>
Bring Love Home!

Reiki

Reiki is a gentle, non-invasive energy healing technique that all animals can benefit from. It is safe, effective and can do no harm. Reiki balances the physical, emotional, mental and spiritual aspects of an animal by releasing energy blockages which create imbalance and dis-ease. When an animal's energy is balanced and flowing, healing and change occur. Animals respond quickly to the ease that Reiki produces on these levels, often harmonizing seemingly difficult and impossible attitudes and conditions.

The Seven Secrets to A Successful Massage

1. **Breathe** - Breathing is very important for you and your dog. Not only does it nourish your body with more oxygen, it triggers the parasympathetic nervous system which helps calm the body. When you breathe, your dog breathes. When you hold your breath, your dog will sense a lack of calm energy and may have difficulty relaxing during the massage.
2. **Focus** – Focus on your dog during the massage and on your intent for the massage.
3. **Permission** – Get permission from your dog before every massage. Never force massage on an unwilling dog.
4. **Thinking Fingers** – Think and listen with your fingers. Use your fingers to gather information about your dog’s body. Feel for tight places, hot or cold areas, lumps, bumps, or anything out of the ordinary. If your dog is sensitive, sore, or doesn’t want to be touched, then he or she may be experiencing a health issue or a chronic or acute muscle condition. Take this opportunity to pay a visit to your veterinarian or to a professional canine massage therapist.
5. **Match Your Dog’s Energy Level** – Match your dog’s energy level at the beginning of each massage. See the section called “The Right Pressure and Speed” for more details.
6. **Never** – Never press directly on joints, the spine, the nose, or the eyes.
7. **Less is More!** – Be gentle.



CANINE MASSAGE TECHNIQUES

Effleurage

Effleurage incorporates long sweeping strokes and may be applied superficially or deeply. Movement should be continuous. It is used as a warm up before using other strokes because it is general, fluid, and rhythmic.

How to: Hand Over Hand: One Hand follows the other hand in a continuous movement.

Petrissage (Skin Rolling)

This stroke involves the lifting, squeezing, wringing, and rolling of the musculature. It is continuous with alternating movement as it lifts tissue away from the underlying bony structures. It works more deeply than effleurage, and there is no gliding over the skin except between progressions from one area to the next.

How to: Skin rolling involves picking up the skin and rolling it between your fingers. The thumbs acts as bulldozers and the fingers like spider legs. When used at the nape of the neck, it is very effective in settling an over-anxious dog.

Zig-Zag TTouch

The Zig-Zag is a large touch that helps many wiggly, energetic, or reactive dogs who might not respond as well to smaller, "fussier" touches. Convenient and useful for larger dogs, since you can do it easily while you're both standing. Also helps low-energy dogs feel more energetic.

How to: Stabilize with one hand. With the other, stroke in a Z pattern using fingertips. Separate fingers on the way down/out and bring them together on the way up/back. Do on one side of torso, then the other. You can also cross the spine and go down-up on one side and then immediately cross and go down-up on the other. See what your dog likes best.

CANINE MASSAGE INFORMATION SEMINAR

IV. ENDANGERMENT SITES

- Neck
- Spine
- Armpits and Elbows
- Inside Leg
- Behind Knee